

## Pack 11 Camp Checklist

### Necessities

- Medical Form for each adult and child
- Copies of Back and Front of Medical Insurance Card for each adult and child
- Medications
- Mess Kit
- Sleeping Bag
- Pillow
- Toothbrush, Floss and Toothpaste
- Rain coat
- Extra clothes, especially SOCKS (campsites are muddy)

### Necessities

- Extra layers if it will be cold
- Pajamas
- Shoes suitable for hiking in the rain (not crocs or flip flops)
- Flashlight or headlamp (check batteries!)
- Water bottle
- Scout uniform for campfire
- Plastic bag for dirty clothes
- Sunscreen
- Bug spray
- Dishtowel

### For Tent campers

- Tent
- Poles
- Pad
- Tarp / ground cloth

### Optional

- Indoor game to share in case it rains
- Swimsuit (weather permitting)
- Fishing tackle
- Toys (frisbees, balls)
- Folding chairs
- Camera
- Binoculars
- Notebook and pencil

### Don't Bring

- Video Games
- Food. Several of the scouts have life-threatening food allergies. We provide allergen-free meals and snacks for all campers so that everyone can eat well and enjoy a safe campout. One serious problem is *cross-contamination*. For example, if you bring peanuts, eat a handful, then grab a handful chips that we share, the allergens get on the chips. We try to accomodate everyone. Please contact Joan Spoerl (joanspoerl@sbcglobal.net) if anyone in your party has special dietary needs or if you have any questions.